



2025-2026

GIRLS LAX SKILLS CLINIC



Join us for exciting LAX training for girls at every level. Get the solid fundamental training essential for player development, including:

- Ground Balls
- Cradling / Ball Possession
- Catching
- Passing
- Shooting
- Checking Principles
- Switching Hands
- Quick Sticking

DATES & TIMES

Thursdays, 8 sessions

Grades 2 to 5: 4-5pm | Grades 6 to 8: 4-5pm

- **Fall I:** September 4th - October 23rd
- **Fall II:** October 30th - December 18th
- **Winter I:** January 1st - February 19th
- **Winter II:** February 26th - April 16th
- **Spring I:** April 23rd - June 11th

COST

\$299





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REGISTER TODAY AT
[SUPERDOMESPORTS.COM/REGISTER](https://superdomesports.com/register)



Participant's Name _____	Age _____	Grade _____	Year's Experience (if any) _____
Position _____			
<input type="checkbox"/> Fall I	<input type="checkbox"/> Fall II	<input type="checkbox"/> Winter I	<input type="checkbox"/> Winter II
<input type="checkbox"/> Spring I	<input type="checkbox"/> Grades 2-5	<input type="checkbox"/> Grades 6-8	FEE: \$299

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<input type="checkbox"/> Spring I	<input type="checkbox"/> Grades 2-5	<input type="checkbox"/> Grades 6-8	FEE: \$149.50

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NO CLEATS – Turf shoes or sneakers only

TOTAL: _____

Full equipment required: stick, goggles, mouthpiece.

Parent's Name _____			
Address _____		City _____	State _____ Zip _____
Email Address _____	Home Phone _____	Cell Phone _____	
<input type="checkbox"/> Mastercard	<input type="checkbox"/> Visa	<input type="checkbox"/> American Express	<input type="checkbox"/> Discover
<input type="checkbox"/> Check	<input type="checkbox"/> Cash		
Card Number: _____		Expiration Date _____	Security Code _____
Billing Address _____		Zip _____	
Cardholder Name _____		Cardholder Signature _____	

Make checks payable to "Superdome Sports" and mail to the address below.

Each player must submit a completed online waiver prior to play. Available at superdomesports.com/waivers



Superdome Waldwick: 134 Hopper Ave., Waldwick, NJ 07463 | Ph: (201) 444-7660
staff@superdomesports.com | waldwick.superdomesports.com