

The best trainers in the best Facility! Make this season your best ever



Soccer Training



Come train at North Jersey's #1 soccer training facility!

Superdome's Elite trainers and coaches are some of the most experienced, most highly regarded professionals in the industry. All classes at Waldwick location.

Elite Training Groups

Weekly sessions with the highest caliber trainers and coaches giving your player that extra edge to supplement their existing Club and school efforts. These highly technical sessions will ensure they rise to the top.



See our Elite Training Group flier for the latest dates and times!

Touch, Move & Score

Build skills that bring your game to the next level, with training from our coaches who are experienced at developing young players. Essential ball handling, movement and finishing skills that are key to success.

Grades 1-4 –	Wednesdays, 4:00 - 5:	8 weeks - \$265	
Fall I Fall II Winter I	Sept 4 th - Oct 23 rd Oct 30 th - Dec 18 th Jan 1 st - Feb 19 th	Winter II Spring I	Feb 26 th - April 16 th April 23 rd - June 11 th
Grades 5-8 -	Wednesdays, 4:00 - 5	:00pm	8 weeks - \$265
Fall I Fall II	Sept 4 th - Oct 23 rd Oct 30 th - Dec 18 th	Winter II Spring I	Feb 26 th - April 16 th April 23 rd - June 11 th

Winter I Jan 1st - Feb 19th Grades 1-4 - Saturdays, 9:00 - 10:00am

5 weeks - \$185 / 8 weeks - \$265 / 12 weeks - \$399

Fall I (8 weeks) Sept 7 th - Oct 26 th	Winter I	Jan 4 th - Feb 22 nd
Fall I (12 weeks)Sept 7 th - Nov 30 th	Winter II	March 1 st - April 19 th
Fall II (5 weeks) Nov 2 nd - Nov 30 th	Spring I	April 26 th - June 14 th

Intro to Soccer Ages 3 to 5



A fun-filled exposure to the planet's most popular sport for ages 3-5. Nothing beats soccer for your child's first exposure to group sports, agility, balance and being comfortable



See our Rising Stars flier for all our classes and Clinics with the latest dates and times! playing sports with others and taking instruction from coaches! Intro to Soccer is for the little ones brand new to the sport, while Soccer Skillz steps up a notch in terms of training and development while keeping it fun and enjoyable!

Specialized Training

Foot Skillz

Work on advanced ball handling and movement in these intense fast footwork sessions. Dribbling, penetration, fakes and other techniques to beat opponents on the dribble.

Grades 1-4 -	Mondays, 4:00 - 5:00pr	\$265		
Fall I Fall II Winter I	Sept 2 nd - Oct 21 st Oct 28 th - Dec 16 th Dec 30 th - Feb 17 th	Winter II Spring I	Feb 24 th - April 14 th April 21 st - June 9 th	
Grades 5-8 -	Mondays, 4:00 - 5:00p	m	\$265	
Grades 5-8 - Fall I	Mondays, 4:00 - 5:00p Sept 2 nd - Oct 21 st	m Winter II	\$265 Feb 24 th - April 14 th	

Finishing

Boost goal-scoring ability. Learn a variety of ball striking and volleying techniques, positioning vs. defenders and more for success in the offensive end of the field.

Grades 2-4 -	Grades 2-4 - Thursdays, 4:00 - 5:00pm				
Fall I Fall II Winter I	Sept 5^{th} - Oct 24^{th} Oct 31^{st} - Dec 19^{th} Jan 2^{nd} - Feb 20^{th}	Winter II Spring I	Feb 27 th - April 17 th April 27 th - June 12 th		
Grades 5-8 -	Thursdays, 4:00 - 5:00	pm	\$265		
Fall I Fall II Winter I	Sept 5 th - Oct 24 th Oct 31 st - Dec 19 th Jan 2 nd - Feb 20 th	Winter II Spring I	Feb 27 th - April 17 th April 27 th - June 12 th		
	Saturdays, 10:00 - 11:00				

5 weeks - \$185 / 8 weeks - \$265 / 12 weeks - \$399

Fall I (8 weeks) Sept 7th - Oct 26th	Winter I	Jan 4 th - Feb 22 nd
Fall I (12 weeks) Sept 7th - Nov 30th	Winter II	March 1 st - April 19 th
Fall II (5 weeks) Nov 2 nd - Nov 30 th	Spring I	April 26 th - June 14 th

Goalkeeper Training School

Full spectrum approach teaching students every aspect of goalkeeper positions and technical work. Strength and fitness for keepers.

Grades 2-5 - Saturdays, 9:00 - 10:00am 5 weeks - \$190 / 8 weeks - \$299 / 12 wee

5 weeks - \$190 / 8 weeks - \$299 / 12	weeks - \$449	
Fall I (8 weeks) Sept 7th - Oct 26th	Winter I	Jan 4 th - Feb 22 nd
Fall I (12 weeks) Sept 7 th - Nov 30 th	Winter II	March 1 st - April 19 th
Fall II (5 weeks) Nov 2 nd - Nov 30 th	Spring I	April 26 th - June 14 th

Grades 2-5 - Saturdays, 9:00 - 10:00am

5 weeks - \$190	/ 8 weeks - \$299 /	12 weeks - \$449

Fall I (8 weeks) Sept 7th - Oct 26th	Winter I
Fall I (12 weeks) Sept 7 th - Nov 30 th	Winter II
Fall II (5 weeks) Nov 2 nd - Nov 30 th	Spring I

Jan 4th - Feb 22nd March 1st - April 19th April 26th - June 14th

Soccer Training 2024-2025



Note: Players must bring Ball, Water & Shinguards to each session.

REGISTRATION FORM

Parent's Name						
Address						
City					State	Zip
Email Address		Home	Phone		Cell Phone	
Participant's Name				Age		
Program			_ Day		Time	
🗌 Fall I 🗌 Fall II	🗌 Winter I	U Winter II	Spring I			FEE: \$
Participant's Name				_ Age		
Program			_ Day		Time	
🗆 Fall I 🗌 Fall II	🗌 Winter I	U Winter II	Spring I			FEE: \$
Participant's Name				_ Age		
Program			_ Day		Time	
🗌 Fall I 🗌 Fall II	U Winter I	U Winter II	Spring I			FEE: \$
Participant's Name				Age		
Program			_ Day		Time	
🗆 Fall I 🗌 Fall II	U Winter I	U Winter II	Spring I			FEE: \$
						TOTAL:
□ Credit Card □ Checl □ Mastercard □ Visa		n Express	Discover			
Card Number:				Expir	ation Date	_ Security Code
Billing Address						Zip
Cardholder Name			Cardho	lder Signature _		
Make checks payable to	o "Superdo	me Sports" a	nd mail to ac	ldress below.		
NO CLEATS - Turf shoes o	or sneakers o	nly				
Each playe	er must subm	nit a completed	online waiver	prior to play. Ava	ilable at <mark>superdomespo</mark>	rts.com/waivers



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